

Psychotropic Drugs:

- Antidepressants
- Neuroleptics
- Hallucinogens.

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Psychedelics (Hallucinogens): substances that produce an alteration in the environmental awareness while the individual maintains the capacity to recognise that what he is experiencing is not real.

- sensory perceptions & thought processes are grossly distorted.
- reality distortion, feeling of depersonalisation
- profound philosophical thoughts, deep introspection

Example: • LSD • Cannabis • Mescaline • Dimethyl tryptamine (DMT)
• Psilocybin • Psilocin • Peyote • Phencyclidine
• MDMA (ecstasy).

Signs & Symptoms:

Sympathetic symptoms: • dilated pupils • tachycardia tachypnoea
• hypothermia • diaphoresis • piloerection hyperactivity
• muscle weakness

Parasympathetic symptoms: • salivation • lacrimation • diarrhoea
• nausea, vomiting • bronchoconstriction • hypertension

Treatment:

- 1] low doses of anti-anxiety drugs & benzodiazepines.
- 2] Prolonged talking (talking the person down) upto 12-18 hours.
- 3] Psychotherapy.