

Psychotropic Drugs:

- Antidepressants
- Neuroleptics
- Hallucinogens.

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Psychedelics (Hallucinogens): substances that produce an alteration in the environmental awareness while the individual maintains the capacity to recognise that what he is experiencing is not real.

- sensory perceptions & thought processes are grossly distorted.
- reality distortion, feeling of depersonalisation
- profound philosophical thoughts, deep introspection

Examples:

- LSD
- Cannabis
- Mescaline
- Dimethyl tryptamine (DMT)
- Psilocybin
- Psilocin
- Peyote
- Phencyclidine
- MDMA (ecstasy).

Signs & Symptoms:

Sympathetic symptoms:

- dilated pupils
- tachycardia
- tachypnoea
- hyperthermia
- diaphoresis
- piloerection
- hyperactivity
- muscle weakness

Parasympathetic symptoms:

- salivation
- lacrimation
- diarrhoea
- nausea, vomiting
- bronchoconstriction
- hypotension

Treatment:

- 1] low doses of anti-anxiety drugs & benzodiazepines.
- 2] Prolonged talking (talking the person down) upto 12-18 hours.
- 3] Psychotherapy.