

1. Periodic Motion $\Rightarrow$ motion which repeats continuously after a regular interval of time.
- $\rightarrow$ Time period (T) = regular interval of time.
- $\rightarrow$ Frequency (ν) = No. of cycles/complete motion per unit time.
(unit = Hz or s^{-1})

$$\boxed{\nu = \frac{1}{T}}$$

2. Oscillatory/Vibratory Motion $\Rightarrow$ periodic motion in which a particle moves to and fro about a fixed position.
- $\rightarrow$ Mean position $\Rightarrow$ fixed position $\Rightarrow$ point of stable equilibrium

Types of Oscillations

Free Oscillations

- no loss of energy
- constant amplitude
(In ~~vac~~ vacuum)

Damped Oscillations

- loss of energy
- decreasing amplitude
(In ~~vacuum~~ air)

Forced Oscillations

- presence of external force
- constant/varying amplitude

3. Harmonic motion $\Rightarrow$ trigonometric funⁿ of constant amplitude and single frequency.

$$y = A \sin \omega t$$

$$y = A \cos \omega t$$

Harmonic functions

$$\tan, \cot, \sec, \csc$$

Non-harmonic functions

$$F = \boxed{-Kx^n}$$

$$n = 1, 3, 5, 7, \dots$$

$$\text{If } n = 1 \Rightarrow \underline{\text{SHM}} \quad (F = -Kx)$$

4. Simple Harmonic Motion (SHM) $\Rightarrow$ oscillatory motion in which the acceleration of the particle is directly proportional to the displacement of the particle from its mean position.

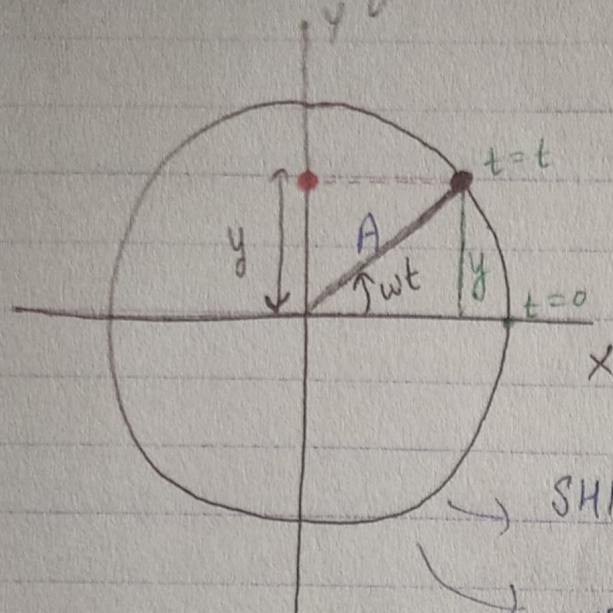
$$\underline{\vec{a} \propto -\vec{x}} \Rightarrow \underline{\text{SHM}}$$

$$\left\{ \begin{array}{l} F = -Kx \\ ma = -Kx \end{array} \right\}$$

5. Representation of SHM

• UCM

• SHM



radius of circle = amplitude of SHM

$$\omega = \frac{2\pi}{T} = 2\pi\nu$$

SHM in y-direction $\Rightarrow y = A \sin \omega t$

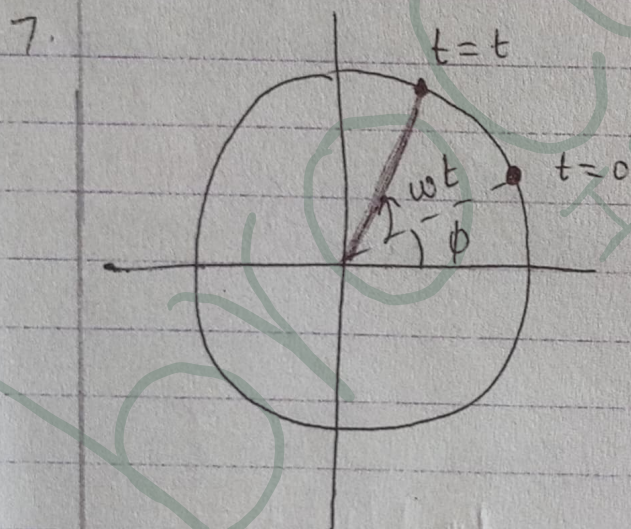
SHM in x-direction $\Rightarrow x = A \cos \omega t$

6. $y = A \sin \omega t$

$$v = \frac{dy}{dt} = A\omega \cos \omega t$$

$$a = \frac{dv}{dt} = -A\omega^2 \sin \omega t = -\omega^2 y$$

$$a = -\omega^2 y \quad \therefore a \propto -y$$



ϕ = initial phase.

$$y = A \sin(\omega t + \phi)$$

$(\omega t + \phi)$ = phase.

8. $y = A \sin(\omega t + \phi)$

$$v = A\omega \cos \omega t = \omega \sqrt{A^2 - y^2}$$

$$\therefore \sin(\omega t + \phi) = \frac{y}{A}$$

$$\therefore \cos(\omega t + \phi) = \sqrt{1 - \sin^2(\omega t + \phi)} = \sqrt{1 - \frac{y^2}{A^2}}$$

$$\rightarrow V_{\max} = \omega A \quad | \quad y=0$$

$$V_{\min} = 0 \quad | \quad y=A$$

$$\rightarrow a = \frac{dv}{dt} = -A\omega^2 [\sin(\omega t + \phi)] = -\omega^2 y.$$

$$a_{\max} = \pm \omega^2 A \quad | \quad y=A$$

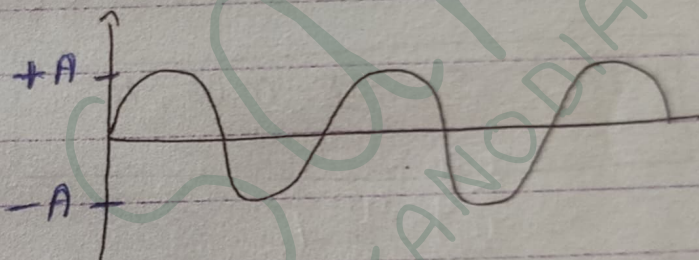
$$a_{\min} = 0 \quad | \quad y=0.$$

$$\rightarrow a = \frac{d^2 y}{dt^2} = -\omega^2 y.$$

$$\Rightarrow \boxed{\frac{d^2 y}{dt^2} + \omega^2 y = 0}$$

used to check if given eqⁿ is eqⁿ of SHM.
 $\Rightarrow$ differential equation of SHM.

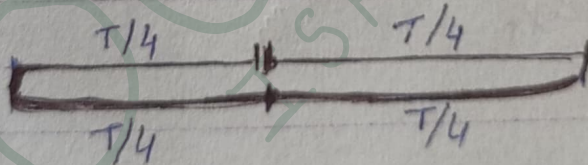
$$9. \quad y = A \sin(\omega t + \phi)$$



$$360^\circ \rightarrow T$$

$$\therefore 90^\circ \rightarrow T/4$$

$$\text{If } y = A \sin \omega t \Rightarrow \text{At } 90^\circ, y = A.$$



11.

$-A$	0	$+A$
$(V=0)$	$PE=0$	$(V=0)$
$KE=0$	$(x=0)$	$KE=0$
$PE=\max$	$KE=\max$	$PE=\max$
$(x_{\max})$	$(V_{\max})$	$(x_{\max})$

$$\text{At } x=A, \quad E_T = \frac{1}{2} k x^2 = \frac{1}{2} k A^2.$$

$$\therefore m\omega^2 = k.$$

$$\text{At } x=0,$$

$$PE=0$$

$$KE = \frac{1}{2} m (V_{\max})^2$$

$$= \frac{1}{2} m \omega^2 A^2.$$

$$\therefore \boxed{E_{\text{Total}} = \frac{1}{2} m \omega^2 A^2}$$

$$V(t) = A \omega \cos(\omega t + \phi)$$

$$V(y) = \omega \sqrt{A^2 - y^2}$$

$$\rightarrow KE(t) = \frac{1}{2} m A^2 \omega^2 \cos^2(\omega t + \phi)$$

$$\langle \sin^2 \theta \rangle = \langle \cos^2 \theta \rangle = \frac{1}{2}$$

$$\langle \sin \theta \rangle = \langle \cos \theta \rangle = 0$$

$$\rightarrow \langle KE(t) \rangle = \frac{1}{4} m A^2 \omega^2 = \frac{E_T}{2}$$

$$\rightarrow KE(y) = \frac{1}{2} m \omega^2 [A^2 - y^2]$$

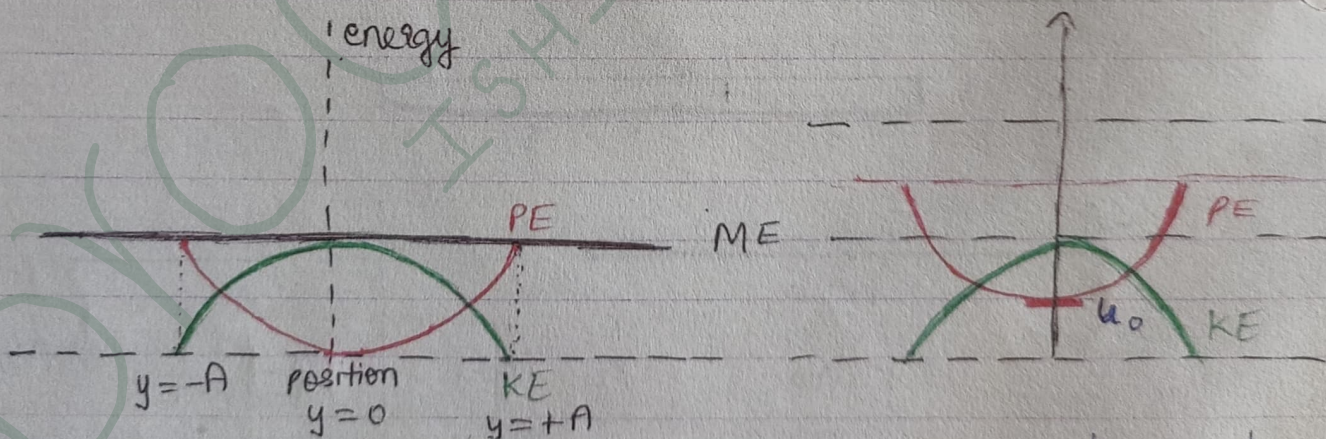
$$y = A \sin(\omega t + \phi)$$

$$\rightarrow PE(t) = \frac{1}{2} k y^2 = \frac{1}{2} m \omega^2 A^2 \sin^2(\omega t + \phi)$$

$$\rightarrow \therefore \langle PE \rangle = \frac{1}{4} m \omega^2 A^2 = \frac{E_T}{2}$$

9] at mean position, $PE = PE_0$

$$\Rightarrow E_T = PE_0 + \frac{1}{2} m \omega^2 A^2$$



When $u=0$ ($PE=0$)
at mean position

When $PE = u_0$ at
mean position.

natural length

$a_s = a_{\text{restoring}}$

$$m\omega^2 = k$$

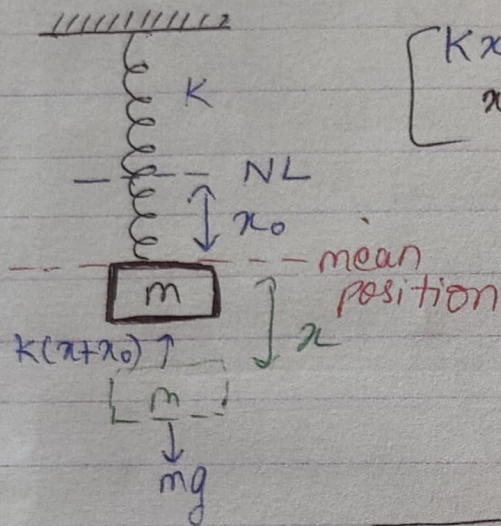
$$\Rightarrow \omega = \sqrt{\frac{k}{m}}$$

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$$T = \frac{2\pi}{\omega}$$

$$\therefore T = \frac{2\pi}{\omega} = 2\pi \sqrt{\frac{m}{k}}$$

14. Time period of a Spring Block System



$$\begin{cases} Kx_0 = mg \\ x_0 = \frac{mg}{K} \end{cases}$$

$$F_{\text{net}} = k(x+x_0) - mg$$

$$\Rightarrow ma_x = kx + kx_0 - mg$$

$$= kx + mg - mg$$

$$\Rightarrow ma_x = kx$$

$$\therefore a_x \propto x \Rightarrow \text{SHM.}$$

$\therefore g$ can be ignored

$$m\omega^2 x = kx$$

$$\therefore \omega = \sqrt{\frac{k}{m}}$$

$$T = \frac{2\pi}{\omega} = 2\pi \sqrt{\frac{m}{k}}$$

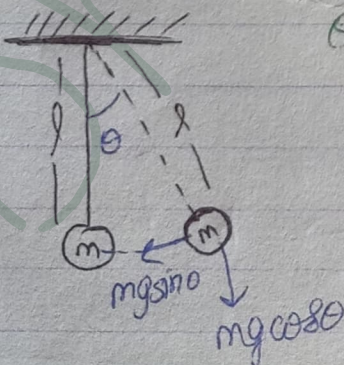
$$15. a = -\omega^2 y \Rightarrow \text{linear SHM}$$

$$\alpha = -\omega^2 \theta \Rightarrow \text{angular SHM}$$

$$\frac{d^2\theta}{dt^2} + \omega^2\theta = 0$$

16. Time period of a Simple Pendulum

θ is very small. ($\therefore \sin\theta \approx \theta$)



$$\tau_x = mgsin\theta(l) = I\alpha_x$$

$$\Rightarrow mgsin\theta \cdot l = (ml^2)\alpha_x$$

$$\Rightarrow \alpha_x = \frac{g}{l} sin\theta = \frac{g}{l} \theta = -\omega^2 \theta$$

$$\therefore \omega^2 = \frac{g}{l}$$

$$T = \frac{2\pi}{\omega} = 2\pi \sqrt{\frac{l}{g}}$$

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17. Torsional Pendulum

$$\tau_R = -C\theta$$

$C =$ coefficient of stiffness
 $=$ torsional coefficient.

$$\tau_R = C\theta = I \alpha_R \Rightarrow \alpha_R = \left(\frac{C}{I}\right) \theta$$

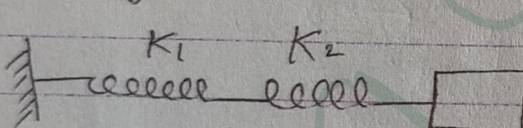
$$\therefore \alpha_R \propto \theta$$

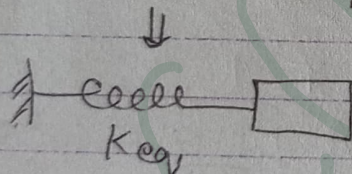
$$\alpha_R = \omega^2 \theta$$

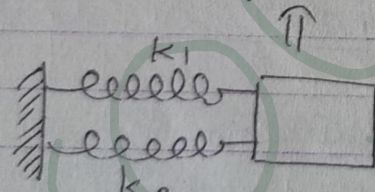
$$\therefore \omega = \sqrt{\frac{C}{I}}$$

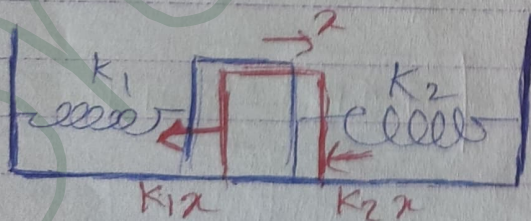
$$\therefore T = \frac{2\pi}{\omega} = 2\pi \sqrt{\frac{I}{C}}$$

18. Spring Combinations in SHM -

→  $\frac{1}{K_{eq}} = \frac{1}{K_1} + \frac{1}{K_2} \Rightarrow$ series



→  $K_{eq} = K_1 + K_2 \Rightarrow$ parallel



$$\Rightarrow$$
 parallel

$$\therefore F_{net} = (K_1 + K_2)x = ma_x$$

$$= m\omega^2 x$$

1. Effect of Constant External Force on SHM

Time period does not change.
Only mean position changes.

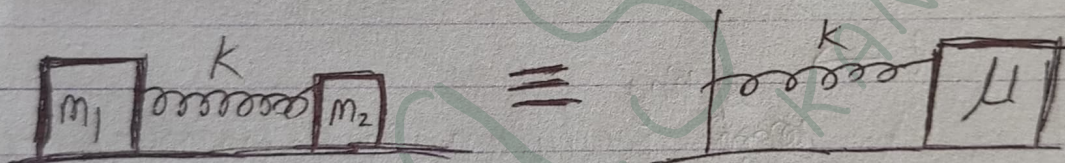
20. Energy Method To Finding Frequency (ν, ω, T) of SHM

Steps -

- ① Find equilibrium position by balancing the forces/torques acting on body.
- ② Displace the body and at an intermediate position, write the total energy of the system.
(take zero PE at mean position)
- ③ Differentiate the equation of Total energy and equate it to zero

$$\because E_T = \text{constant} \quad \therefore \frac{dE_T}{dt} \text{ or } \frac{dE_T}{dx} = 0.$$

21. Time Period of SHM of 2 Blocks = spring system



$$\mu = \text{reduced mass} = \frac{m_1 m_2}{m_1 + m_2} \quad \frac{1}{\mu} = \frac{1}{m_1} + \frac{1}{m_2}$$

$$T = 2\pi \sqrt{\frac{\mu}{k}}$$

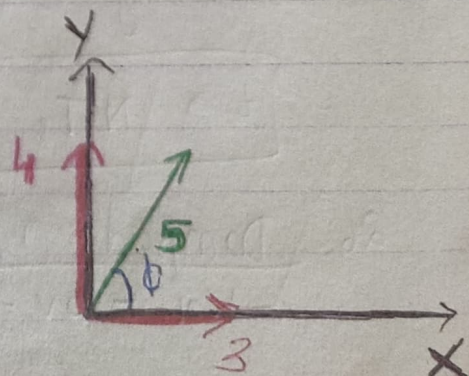
22. Superposition of 2 SHMs

Phases

$$y_1 = 3 \sin \omega t$$

$$y_2 = 4 \cos \omega t = 4 \sin(\omega t + \frac{\pi}{2})$$

$$y = y_1 + y_2 = 5 \sin(\omega t + \phi) = 5 \sin(\omega t + 53^\circ)$$



$$\tan \phi = 4/3 \quad \therefore \phi = 53^\circ$$

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Q To convert given eqⁿ into eqⁿ of SHM -

$$y = 3 \sin \theta + 4 \cos \theta$$

$$= 5 \left(\frac{3}{5} \sin \theta + \frac{4}{5} \cos \theta \right)$$

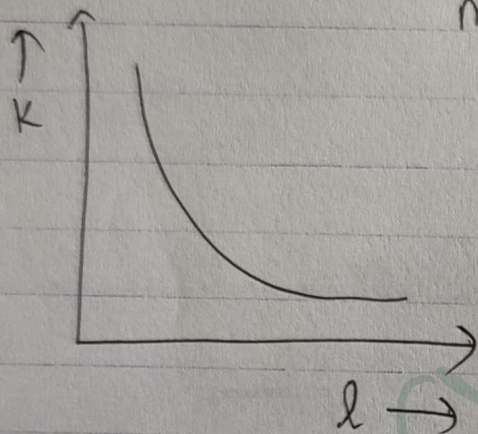
$$\sqrt{3^2 + 4^2} = 5$$

$$= 5 (\cos 53^\circ \sin \theta + \sin 53^\circ \cos \theta)$$

$$y = 5 \sin (\theta + 53^\circ)$$

Q23 $\vec{F} = -K\vec{x}$

K depends on length (l), radius (r), material of wire used in spring.



$$kl = \text{constant}$$

24. Time period of a ~~spring~~ ^{spring} pendulum is independent of Δg .
 $\rightarrow$ If length of the spring is made n times, then k becomes $\frac{1}{n}$ times and T becomes $\sqrt{n}$ times.

$\Rightarrow$ If a spring (k) is divided into n equal parts, then spring constant of each part becomes nk and T becomes $\frac{1}{\sqrt{n}}$ times.

25. Time (minimum) taken for a long and short $\frac{1}{\sqrt{n}}$ pendulum oscillating simultaneously to be in same phase -

$$t = NT_L = (N+1)T_S$$

26. Damped Oscillations -
 $-Kx - bv = ma$

$\vec{F} = -b\vec{v}$ ^{retarding force}

$\vec{F} = -K\vec{x} \Rightarrow$ restoring force.

$b =$ damping coefficient

$$-Kx - b \frac{dx}{dt} = m \frac{d^2x}{dt^2}$$

$$x = A e^{-bt/2m} \cos(\omega' t + \phi)$$

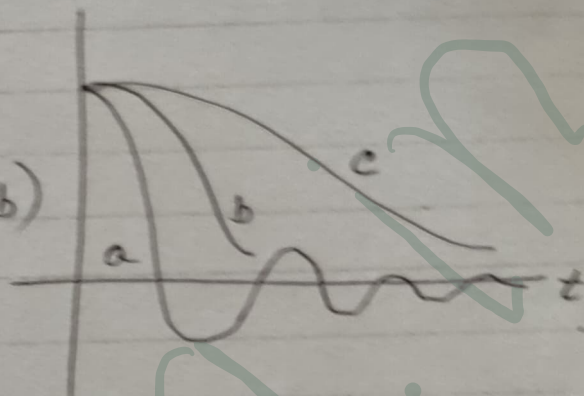
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$$\omega' = \sqrt{\omega^2 - \left(\frac{b}{2m}\right)^2}$$

→ when $\frac{b}{2m} < \omega \Rightarrow$ underdamped (a)

$\frac{b}{2m} = \omega \Rightarrow$ critically damped (b)

$\frac{b}{2m} > \omega \Rightarrow$ over-damped (c)



$$E(t) = \frac{1}{2} k A^2 e^{-bt/m}$$

27. Forced Oscillations

→ system does not oscillate with natural frequency (ω), but with driven frequency (ω_d)

→ External force $F(t)$ of amplitude F_0 -

$$F(t) = F_0 \cos \omega_d t$$

$$m a(t) = -kx - bv + F_0 \cos \omega_d t$$

$$m \frac{d^2 x}{dt^2} + b \frac{dx}{dt} + Kx = F_0 \cos \omega_d t$$

$$x = A' \cos(\omega_d t + \phi)$$

$$A' = \frac{F_0}{m \sqrt{(\omega_d^2 - \omega^2)^2 + \left(\frac{b\omega_d}{m}\right)^2}}$$

$$\left(\omega = \sqrt{\frac{k}{m}}\right)$$

→ For resonance, $\omega_d \approx \omega$.